

# Support Group Schedule

## Monday

12:30 PM **Parenting & Recovery** | In-Person or Online

3:00 PM **Own your Space: Mastering Boundaries** |

**STARTING JUNE 23<sup>Rd</sup>** - In-Person or Online

Enrollment Required - Please [contact us](#) to schedule a time to chat

## Tuesday

10:00 AM - **Recovery Yoga** | In-Person

12:30 PM - **Peer2Peer Support Group** | In-Person or Online

1:30 PM - **Celebrate Your Journey** | In-Person

5:30 PM - **Double Trouble in Recovery** | Online Only

6:00 PM - **Anger Management** | Online Only

Enrollment Required - Please [contact us](#) to schedule a time to chat

## Wednesday

1:30 PM **Grief in Recovery** | In-Person or Online:

2:30 PM - **Veterans Support Group**

Even number Wednesdays of each month

In-Person at the Veterans Shelter

133 E 11th St. Covington, KY 41011

## Thursday

2:30 PM - **Adult Survivors of Childhood Sexual Abuse For Women** | In-Person or Online

## Friday

12:00 PM - **Art Class** | In-Person or Online:

1:30 PM - **Alcoholics Anonymous** | In-Person

2:30 PM - **All Recovery Matters** | Facebook Live

## Saturday

10:00 AM - 11:00 AM **Celebrate Recovery** | In-Person

11:00 AM - **Music Classes** | In-Person

