

# **SUPPORT GROUP SCHEDULE**

#### Monday

#### 12:30 PM Parenting & Recovery

In-Person or Online: <u>https://bit.ly/3smdTjj</u> Meeting ID: 839 1150 0792 Passcode: 685130

#### Tuesday

#### 5:00 PM All Recovery Matters

In-Person or Online: <u>https://bit.ly/3FywLPa</u> Passcode: 52555 Active use - we are Non-Exclusion and will work with you.

#### Wednesday

# 12:30 PM Spirituality in Recovery

In-Person or Online: <u>https://bit.ly/3Shsrey</u> Meeting ID: 858 5132 2442 Passcode: 304795

# 1:30 PM Grief in Recovery

In-Person or Online: <u>https://bit.ly/409uxPG</u> Meeting ID: 868 0349 2914 Passcode: 182138

#### 2:30 PM - Veterans Support Group

In-Person at the PIER Recovery Community Center

# 6:30 PM- **SMART Recovery** | Online: https://bit.ly/3Qwyomt Meeting ID: 834 7231 2432 Passcode: 221232

#### Thursday

11:30 AM - **Attacking Anxiety** In-Person or Online: <u>https://bit.ly/45PxHt3</u> Meeting ID: 859 7358 5504 Passcode: 442425

# 12:30 PM Double Trouble (Co-Occurring Disorders) Recovery

In-Person or Online: https://bit.ly/3QP8rin Meeting ID: 886 2346 8590 Passcode: 100854

### **Friday**

## 12:00 PM - **Art Class** In-Person or Online: <u>https://bit.ly/3tPu0X5</u> Passcode: 52555

2:30 PM - Music Classes | In-Person

#### Saturday

10:00 AM - 11:00 AM **Celebrate Recovery** In-Person



