

Support Group Schedule

Monday

12:30 PM **Parenting & Recovery** | In-Person or Online
Enrollment Required - Please [contact us](#) to schedule
a time to chat

Tuesday

10:00 AM - **Stress Management** | Every Other
Tuesday Starting October 8th In-Person

10:00 AM - **Recovery Yoga** | Every Other Tuesday
Starting October 1st In-Person

12:30 PM - **Peer2Peer Support Group** |
In-Person or Online

1:30 PM - **Celebrate Your Journey** | In-Person

5:30 PM - **Double Trouble in Recovery** | Online Only

6:00 PM - **Anger Management** | Online Only
Enrollment Required - Please [contact us](#) to schedule
a time to chat



Wednesday

1:30 PM **Grief in Recovery** | In-Person or Online:
2:30 PM - **Veterans Support Group** In-Person at
the PIER Recovery Community Center

Thursday

2:30 PM - **Adult Survivors of Childhood Sexual
Abuse For Women** | In-Person or Online

Friday

12:00 PM - **Art Class** | In-Person or Online:

1:30 PM - **Alcoholics Anonymous** | In-Person

2:30 PM - **All Recovery Matters** | Facebook Live

Saturday

10:00 AM - 11:00 AM **Celebrate Recovery** | In-Person

11:00 AM - **Music Classes** | In-Person

